

# CHEMICAL ADDICTION STUDIES (CAS)

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## **CAS 140X - Addictions and Diversity. 3 Credits.**

Offered intermittently. Offered at Missoula College. This course required for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. Introduction to multicultural competencies where students will be exposed to the fundamentals of working with substance abusing and dependent individuals from the cultural impact of race, nationality, gender, age, sexual orientation, religion, and socio-economic status on the development and progression of alcohol/drug problems. Appropriate for students of Social Work, Psychology, community health, Business and Counseling students, Education, and those with an interest in diversity and addictions.

Gen Ed Attributes: Cultural Intl Diversity (X)

## **CAS 185 - Prevention Practices. 3 Credits.**

Offered intermittently. Offered at Missoula College. This course required for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. The course introduces strategies for environmental prevention that focus on altering and improving the environment by changing social norms or attitudes, controlling the availability of illicit drugs or alcohol, or strengthening enforcement of laws and regulations. Risk and Protective Theory will be outlined, as well as the five categories of environmental strategies. This course is appropriate for everyone who has or will have a role in prevention, education, community health, and/or community change. Required for Chemical Addiction Studies students. May also be appropriate for students of social work, psychology, sociology, community health or those with an interest in learning about alcohol and drug prevention in society.

## **CAS 191 - Special Topics. 3 Credits.**

(R-6) Offered intermittently. Offered at Missoula College. Experimental offerings of visiting professors, experimental offerings of new courses, or one-time offerings of current topics.

## **CAS 192 - Independent Study. 1-6 Credits.**

(R-6). Course material appropriate to the needs and objectives of the individual student.

## **CAS 195 - Field Work/Clinical/Practicum. 1-3 Credits.**

(R-3) Offered autumn and spring. Offered at Missoula College. Prereq., CAS 185 and CAS 242 and consent of instructor. This field work placement focuses on PREVENTION and is created to provide Chemical Addiction Studies students with direct experience working in community organizations where they will create and implement alcohol and drug prevention activities. May also be appropriate for students of Social Work, Psychology, Sociology, Community Health or those with an interest in learning about prevention practices with direct experience in community organizations.

## **CAS 201 - Theories of Counseling. 3 Credits.**

Offered intermittently. Offered at Missoula College. This is an entry level survey course of various approaches to counseling and psychotherapy and is a required course by the state of Montana for Addiction Counselor Licensure. The course is a mixture of lecture, discussion, experiential learning, demonstrations, role playing, viewing counseling sessions, and practice of the major contemporary models of counseling. Ethical and professional issues are also addressed.

## **CAS 210 - Individual Counseling. 3 Credits.**

Offered intermittently. Offered at Missoula College. Prereq., CAS 201 and CAS 242. This course is intended for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. Major theories and practice of individual counseling for the client with substance abusing or chemically dependent behavior is presented.

## **CAS 225 - Group Counseling. 3 Credits.**

Offered intermittently. Offered at Missoula College. Prereq., CAS 201. This course is intended for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. Major theories and practice of counseling for the client with substance abusing or chemically dependent behavior in group settings. Includes comprehensive group approaches, family therapy and other appropriate group strategies. Includes group dynamics and strategies to managing group sessions.

## **CAS 242 - Fund Subst Abuse and Addiction. 3 Credits.**

Offered at Missoula College. This course is offered intermittently for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. May also be appropriate for Students of Social Work, Psychology, Sociology, or Community Health.

## **CAS 243 - Substance Abuse Counseling I. 3 Credits.**

Offered intermittently. Offered at Missoula College. Prereq., CAS 242 and consent of instr. This course is required for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. This course is created to provide students specific knowledge regarding the theories, research, and evidenced-based literature in the provision of addiction counseling services. Students will be introduced to the overall scope of the problems of addictions, professional characteristics and principles of addiction counselors, ethical and legal responsibilities of professional behavior, addiction counseling skills and competencies required to be addiction counselors.

## **CAS 248 - Substance Abuse Counseling II. 3 Credits.**

Offered intermittently. Offered at Missoula College. Prereq., CAS 242 and consent of instr. This course is required for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. Meets specific State of Montana educational requirements associated with individual and group counseling for addiction, as well as ethics for addiction counselors. The course requires the student to draw upon the resources provided by experts. The course work significant amount of experiential application and counseling practice techniques.

## **CAS 260 - Addiction Assessment/Documentation/Treatment Planning. 3 Credits.**

Offered intermittently. Offered at Missoula College. Prereq., CAS 242 and consent of instr. This course is required for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. Intended to provide a comprehensive education to meet State of Montana education requirements for Licensure in Addiction Counseling. Students will be trained in clinical assessment diagnosis, treatment planning and patient record documentation with the client who has substance use disorders. Students will complete experiential application of the materials.

**CAS 291 - Special Topics. 1-6 Credits.**

(R-6) Offered intermittently. Offered at Missoula College. Experimental offerings of visiting professors, experimental offerings of new courses, or one-time offerings of current topics.

**CAS 292 - Independent Study. 1-6 Credits.**

(R-6) Offered intermittently. Experimental offerings of visiting professors, experimental offerings of new courses, or one-time offerings of current topics.

**CAS 295 - Field Work/Clinical/Practicum. 1-4 Credits.**

(R-4) Offered intermittently. Offered at Missoula College. Prereq., CAS 185, CAS 195, and CAS 242. This course is offered for students seeking to obtain their AA degree in Chemical and Addiction Studies and who wish to become Licensed Addiction Counselors in the State of Montana. This Field Work Placement focuses on addiction treatment and counseling activities. The student will work in the community under the supervision of an addiction treatment professional and be given the opportunity to witness and participate in alcohol and drug treatment counseling activities.