

DANCE WELLNESS CERTIFICATE

Post-secondary Certificate - Dance Wellness

Summary

Code	Title	Hours
	Technique Requirements	6-9
	Multidisciplinary Exploration	3
	Dance Wellness Experience	2-3
	Dance Wellness Electives	1-2
Total Hours		12-17

Degree Specific Credits: 12-17

Required Cumulative GPA: 2.0

Technique Requirements

Code	Title	Hours
Complete 6-9 credits of the following courses (three semesters):		6-9
DANC 100A	Introduction to Modern Dance	
DANC 108A	Dance Forms	
DANC 110A	Introduction to Ballet	
DANC 115A	Introduction to Jazz Dance	
DANC 165A	Dance Forms: African	
DANC 200A	Contemporary Modern II	
DANC 210A	Ballet II	
DANC 215A	Jazz Dance II	
DANC 300	Contemporary Modern III	
DANC 310	Ballet III	
DANC 315	Jazz III	
DANC 400	Contemporary Modern IV	
DANC 410	Ballet IV	
Total Hours		6-9

Minimum Required Grade: C-

Multidisciplinary Exploration

Code	Title	Hours
Complete one of the following courses:		3
HTH 430	Health and Mind/Body/Spirit	
PSYX 100S	Intro to Psychology	
Total Hours		3

Minimum Required Grade: C-

Dance Wellness Experience

Code	Title	Hours
Complete one of the following courses:		2-3
DANC 380	Science of Dance Movement	
DANC 406	Dance as a Healing Art	
Total Hours		2-3

Minimum Required Grade: C-

Dance Wellness Electives

Code	Title	Hours
Complete at least 1 credit from the following courses:		1-2
DANC 220	Creative Practice I	
DANC 227	Community Dance Initiatives	
DANC 295	Student Teaching: Childrens Dance	
DANC 345	New Visions Dance	
Total Hours		1-2

Minimum Required Grade: C-