

EXERCISE IS MEDICINE CERTIFICATE

Post-Secondary Certificate - Exercise is Medicine

Summary

| Code | Title | Hours |
|--------------------|-------|-----------|
| Required Courses | | 18 |
| Total Hours | | 18 |

Degree Specific Credits: 18

Required Cumulative GPA: 3.0

Required Courses

| Code | Title | Hours |
|---|---|-----------|
| Complete all of the following courses: | | |
| KIN 201 | Basic Exercise Prescription | 3 |
| KIN 205 | Foundations of HHP | 3 |
| KIN 320 | Exercise Physiology | 3 |
| KIN 321 | Exercise Physiology Lab | 1 |
| KIN 460 | ECG Assessment | 2 |
| KIN 483 | Exercise Disease & Aging | 3 |
| KIN 495 | Practicum in Integrative Physiology (Exercise is Medicine) | 3 |
| Total Hours | | 18 |

Minimum Required Grade: C-