

# SPORT PSYCHOLOGY MINOR

The Sport Psychology Minor, an interdisciplinary program, is for students in any major course of study who wish augment their education with a further understanding of the mental components and principles of sport and human performance as well as evidence-based techniques for improving functioning in this area. It includes core courses in Psychology and Kinesiology with electives in both of those disciplines in addition to options in Counseling Coaching Health, and Athletic Training.

## Minor - Sport Psychology

### Summary

Code	Title	Hours
Required Courses		21
<b>Total Hours</b>		<b>21</b>

**Degree Specific Credits:** 21

**Required Cumulative GPA:** 2.0

**Note:** Students must take all core and elective courses from the University of Montana's curriculum, but can receive credit for transfer courses upon approval of IPAT advisor.

### Required Courses

Code	Title	Hours
<b>Complete all of the following courses:</b>		
PSYX 100S	Intro to Psychology	3
KIN 205	Foundations of HHP	3
KIN 440	Sport Psychology	3
PSYX 383	Health Psychology	3
KIN 441	Seminar in Sport Psychology	3
<b>Complete one of the following courses:</b>		<b>3</b>
PSYX 270	Fundamentals of Psychology of Learning	
PSYX 360	Social Psychology	
PSYX 378	Intro to Clinical Psychology	
PSYX 385	Psychology of Personality	
<b>Complete one of the following courses:</b>		<b>3</b>
KIN 201	Basic Exercise Prescription	
COA 405	Advanced Concepts in Coaching	
HTH 110	Personal Health and Wellness	
AHAT 210 & AHAT 213	Prevention and Care Athletic Injuries and Prevention and Care Athletic Injuries Lab	
<b>Total Hours</b>		<b>21</b>

Minimum Grade: C-